

**HOME SCIENCE**  
**SUBJECT CODE-159**  
**CLASS XII (2026-27)**

TIME-3 hours

M.M-70

**GENERAL INSTRUCTIONS-**

1. All questions are compulsory.
2. There are 32 questions in this paper.
3. Question paper is divided into three sections - A, B and C.
4. Section A has question no. 1 to 14 multiple choice questions and are of 1 mark each.
5. Section B has question no. 15 to 21 of 2 marks each and question no. 22 to 25 of 3 marks each.
6. Section C has question no. 26 to 30 of 4 marks each and question no. 31 and 32 of 5 marks each.
7. Internal choices are given in some questions.
8. Support your answers with suitable examples wherever required.

<b>S. No.</b>	<b>SECTION A (MULTIPLE CHOICE QUESTIONS)</b>	<b>Marks</b>
1	The main motto of NSS is: A. Serve the Nation. B. Not Me but You. C. Youth for Nation. D. Service to All.	1
2.	Which mark ensures food safety in India? A. ISI B. Agmark C. Food Safety and Standards Authority of India mark D. Hallmark	1
3.	Which of the following is an example of food processing? A. Washing fruits B. Making jam from fruits C. Buying vegetables D. Growing crops	1
4.	ICT can contribute to rural development by: A. Providing access to information B. Enabling e-governance services C. Facilitating distance education D. All of the above	1
5.	Workplace discrimination based on gender is prohibited under: A. Indian Constitution and labour laws B. International Labor Organization C. Both A and B D. None of the above	1
6.	Anganwadi centers work under: A. Integrated Child Development Services B.NSS C.WTO D.ISO	1
7.	Ergonomics focuses on: A. Workplace design for comfort and efficiency B. Decoration of offices C. Marketing strategies D. Computer programming	1
8.	Match type of diets given in List I with the examples in List II. List I (Type of Diets) List II (Examples) A. Clear liquid diet i. Khichdi B. Soft diet ii. Coconut water C. Full liquid diet iii. Custard D. Normal diet iv. Chapati and dal	1

	<p>Choose the correct option from the following-</p> <p>A. A-ii, B-i, C-iii, D-iv  B. A-i, B-ii, C-iv, D-iii  C. A-iii, B-iv, C-i, D-ii  D. A-iv, B-iii, C-ii, D-i</p>																					
9.	<p>A rural community uses local radio to spread awareness about Health, Education and Farming. This is an example of:</p> <p>A. Entertainment media      B. Development communication  C. Commercial advertising    D. Social networking</p>	1																				
10.	<p>A couple wants to adopt a child through a legal government-recognized process in India. Which authority should they contact?</p> <p>A. NITI Aayog    B. Central Adoption Resource Authority    C. UNICEF  D. Food Safety and Standards Authority of India</p>	1																				
11.	<p>During a school educational trip, students had to choose accommodation for different travel needs. If students are traveling by car on highways and need quick overnight accommodation, which establishment is most suitable?</p> <p>A. Hotel    B. Resort    C. Motel    D. Lodge</p>	1																				
12.	<p>Match List I with List II</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th colspan="2" style="text-align: center;">List I</th> <th colspan="2" style="text-align: center;">List II</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">A</td> <td style="text-align: center;">IDD</td> <td style="text-align: center;">i</td> <td style="text-align: center;">Night blindness</td> </tr> <tr> <td style="text-align: center;">B</td> <td style="text-align: center;">VAD</td> <td style="text-align: center;">ii</td> <td style="text-align: center;">Thyroid</td> </tr> <tr> <td style="text-align: center;">C</td> <td style="text-align: center;">Marasmus</td> <td style="text-align: center;">iii</td> <td style="text-align: center;">Protein</td> </tr> <tr> <td style="text-align: center;">D</td> <td style="text-align: center;">Kwashiorkor</td> <td style="text-align: center;">iv</td> <td style="text-align: center;">Food and energy</td> </tr> </tbody> </table> <p>Choose the correct option from the following-</p> <p>a. A-iii, B-iv, C-ii, D-I                      b. A-iv, B-iii, C-ii, D-I  c. A-ii, B-i, C-iv, D-iii                      d. A-I, B-ii, C-iii, D-iv</p>	List I		List II		A	IDD	i	Night blindness	B	VAD	ii	Thyroid	C	Marasmus	iii	Protein	D	Kwashiorkor	iv	Food and energy	1
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13.	<p>Given below are two statements labeled as Assertion (A) and reason (R).</p> <p><b>Assertion (A):</b> Classics like sarees, denim jeans, and black dresses never go out of fashion.</p> <p><b>Reason (R):</b> They have aesthetic appeal and comfort that lasts over time.</p> <p>Select the most appropriate answer from the options given below:</p> <p>a. Both A and R are true and R is the correct explanation of A.  b. Both A and R are true but R is not the correct explanation of A.  c. A is true but R is false.  d. A is false but R is true.</p>	1																				
14.	<p>Given below are two statements labeled as Assertion (A) and Reason (R)</p> <p><b>Assertion (A):</b> Visual display plays an important role in fashion retail stores.</p> <p><b>Reason (R):</b> Attractive product presentation can influence customer purchase decisions.</p> <p>Select the most appropriate answer from the options given below:</p> <p>a. Both A and R are true and R is the correct explanation of A.  b. Both A and R are true but R is not the correct explanation of A.  c. A is true but R is false.  d. A is false but R is true</p>	1																				

<b>SECTION B (SHORT ANSWER QUESTIONS)</b>		
15 A	A food manufacturing company wants to prevent contamination during food production. a) Full form of HACCP b) Explain the main objective of HACCP in food safety.	2  OR
15 B	A restaurant manager is training new staff on food safety standards. a) What is the main purpose of Good Handling Practice? b) Differentiate between GHP and GMP	2
16 A	An organization works to provide family-based care, education and protection to children without parental support. a) Who founded SOS Children's Villages and in which year? b) Mention any two major areas of work of SOS Children's Village.	2  OR
16 B	As a school counsellor, you notice that a 16-year-old student has become withdrawn, stressed and frequently remains absent from school. Based on youth vulnerability factors, explain any two steps you would take to support the student.	2
17 A	Why is communication important in development programmes? How has Red Ribbon Express helped in spreading awareness among people?	2  OR
17 B	What do you understand by the term campaign? State 1 example and 2 advantages of a campaign.	2
18.	A mother living in a rural area visits an Integrated Child Development Services center with her 3-year-old child, who is underweight. Identify any two services provided under ICDS for the welfare of children.	2
19.	As a community worker, what strategies would you use to reduce protein-energy malnutrition in children?	2
20.	An urban entrepreneur plans to open a day care for the elderly. Elaborate on two skills essential for managing this facility.	2
21.	What are the 4 common mistakes made by food handlers which lead to food contamination?	2
22.	A company observes increased absenteeism caused by employee health issues. In what three ways could life skills training enhance their Quality of Work Life (QWL)?	3
23.A	Describe any three design techniques used to create rhythm in clothing. Give examples from a school uniform.	3  OR
23 B.	With the help of a neat diagram of the Colour Wheel, explain the different colour schemes used in design.	OR 3
24.A	A pre-school teacher is planning activities for 4-year-old children. Explain how any two guiding principles of ECCE can be applied in Classroom teaching.	3  OR
24.B	A working couple has a 2-year-old child. They are confused between enrolling the child in a day care or creche. Suggest which option is more suitable and justify your answer based on the child's needs.	3

25.	A hotel receives white cotton bed sheets and coloured guest towels. a. How would you sort, wash, and handle them to avoid colour bleeding and fabric damage? b. Mention one situation where top-load is preferred over front-load and why. c. State one advantage of a front-load washing machine.	3
<b>SECTION C (LONG ANSWER QUESTIONS)</b>		
26.	a. A fashion designer adds vertical stripes to a dress. Explain the effect of vertical lines on the wearer. b. A dress has an A-line shape. Explain the effect of A-line silhouettes. c. A summer collection uses light pastel shades. Explain the reason for choosing these colours. d. A blouse uses soft silk fabric. Explain the role of smooth textures in clothing.	4
27 A	Anahita has started her own bread manufacturing unit. She wants to get her manufacturing unit certified by the Government of India. a. Name the new Food Safety Act implemented in India. b. In which year was it implemented? Enlist any four functions of the new Food Safety Act.	4
	OR	OR
27 B	What are the two causes of PEM and how are they assessed? How can public health nutritionist contribute to the prevention of PEM at the community level? Give one point.	4
28.	Explain the important features of the Juvenile Justice (Care and Protection of Children) Act, 2000. Also state the aim of the Act in relation to juvenile delinquency.	4
29.	A friend of yours is hesitant to buy products for his new house because he is afraid of being cheated as a consumer. Explain how the Consumer Protection Act (1986) helps protect consumers by describing any four consumer rights.	4
30	Explain the different stages of the Guest Cycle in the Hospitality Industry, highlighting how it begins before the guest physically arrives at the hotel.	4
31.	Rahul, a 45-year-old patient was hospitalized and after surgery he could not eat normally. The doctor advised special feeding and a Clinical Nutritionist prepared his diet plan. (a) Differentiate between Tube feeding and Intravenous feeding - mention any two points. (b) State 2 objectives of diet therapy. (c) Mention the role of a Clinical Nutritionist.	5
32.A	Riya is passionate about fashion business and has started working with a garment brand. Her work includes Product Planning, Market Research and Coordinating with suppliers. (a) Explain any 2 responsibilities of a Fashion Merchandiser. (b) How does a single-unit store differ from a chain store? Write two differences. (c) Mention any 1 professional course related to Fashion Merchandising.	5
	OR	OR

32.B	Rhea observes that teenage fashion changes rapidly due to social media and celebrities. Explain fashion terminology and fashion evolution. Also, briefly state how social media influences fashion and mention any two factors responsible for fashion change.	5
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